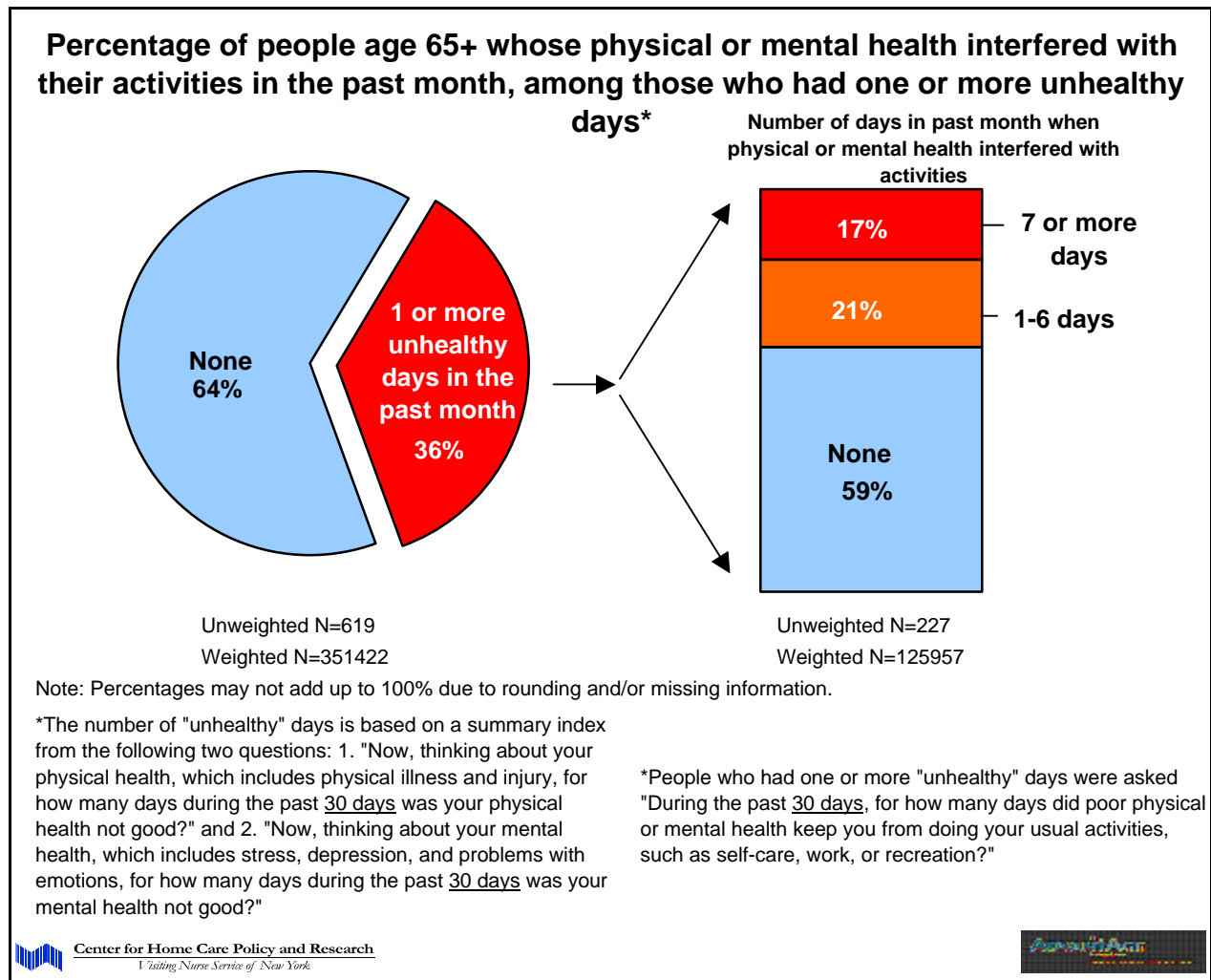


MARICOPA COUNTY

Figure 13.1



In Maricopa County, more than one third (36%) of people age 65+ had one or more “unhealthy”¹ days in the past 30 days. Of those, one of six (17%) people say that poor physical or mental health kept them from doing their usual activities, such as self-care, work, or recreation for seven or more days in the past 30 days. One of five (21%) say that poor physical or mental health interfered with their activities between one and six days in the past 30 days.

Note: Indicator 13 corresponds to Questions 46-48 in the AdvantAge Initiative survey questionnaire.

¹ One or more days when either physical or mental health was not good. The number of “unhealthy” days is based on a summary index from the following two questions: 1. “Now, thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?” and 2. “Now, thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?”

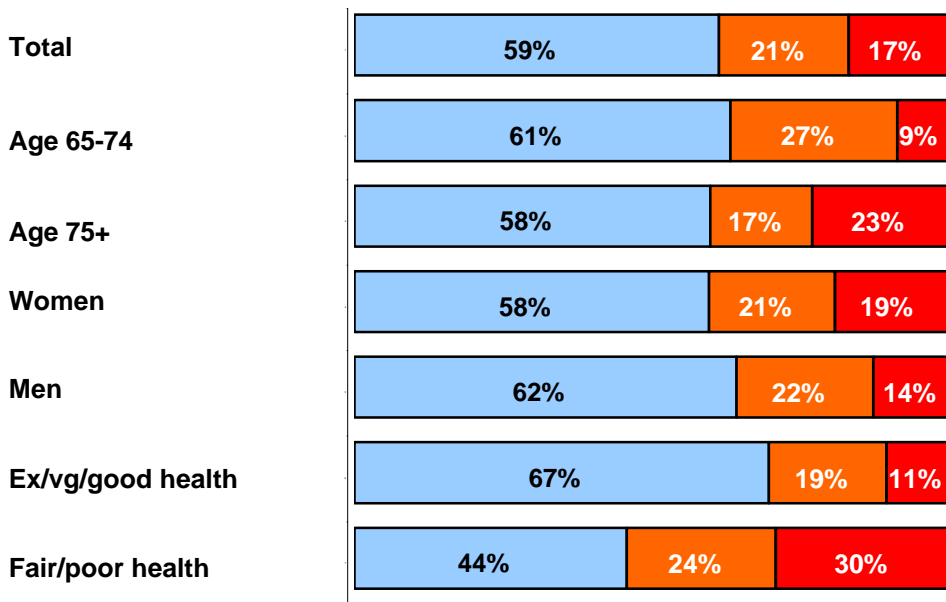
MARICOPA COUNTY

Figure 13.2

Percentage of people age 65+ whose physical or mental health interfered with their activities in the past month,* by selected demographics

Base: People who had one or more unhealthy days in the past 30 days.

None 1-6 Days 7 or More Days



Note: Percentages may not add up to 100% due to rounding and/or missing information

*People who had one or more "unhealthy" days were asked, "During the past 30 days, for how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?"

Unweighted N=227

Weighted N=125957



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Overall, one of six (17%) people age 65+ who experienced unhealthy days in the past 30 days say that poor physical or mental health kept them from doing their activities for seven or more days. Figure 13.2 shows differences by selected demographic characteristics.¹ Among people who had one or more unhealthy days (see Figure 13.1), those in fair or poor health and those age 75+ are more likely than their counterparts to say that poor physical or mental health interfered with their activities for seven or more days in the past 30 days (30% vs. 11%; 23% vs. 9%, respectively).

Note: Ex=excellent; vg=very good.

¹Differences are presented by selected demographic characteristics because there was minimal variation within most demographic categories.